

密集互動介入模式

Intensive Interaction Approach



信念



Only through
communication can
human life hold meaning.

Paulo Freire

quote fancy

我們相信

- 溝通
- 關係建立
- 自主生活
- 提升生活質素



我們看見

- 溝通動機較弱
- 缺乏語言能力
- 有限度與人互動
- 在生活中低度參與



密集互動介入 模式

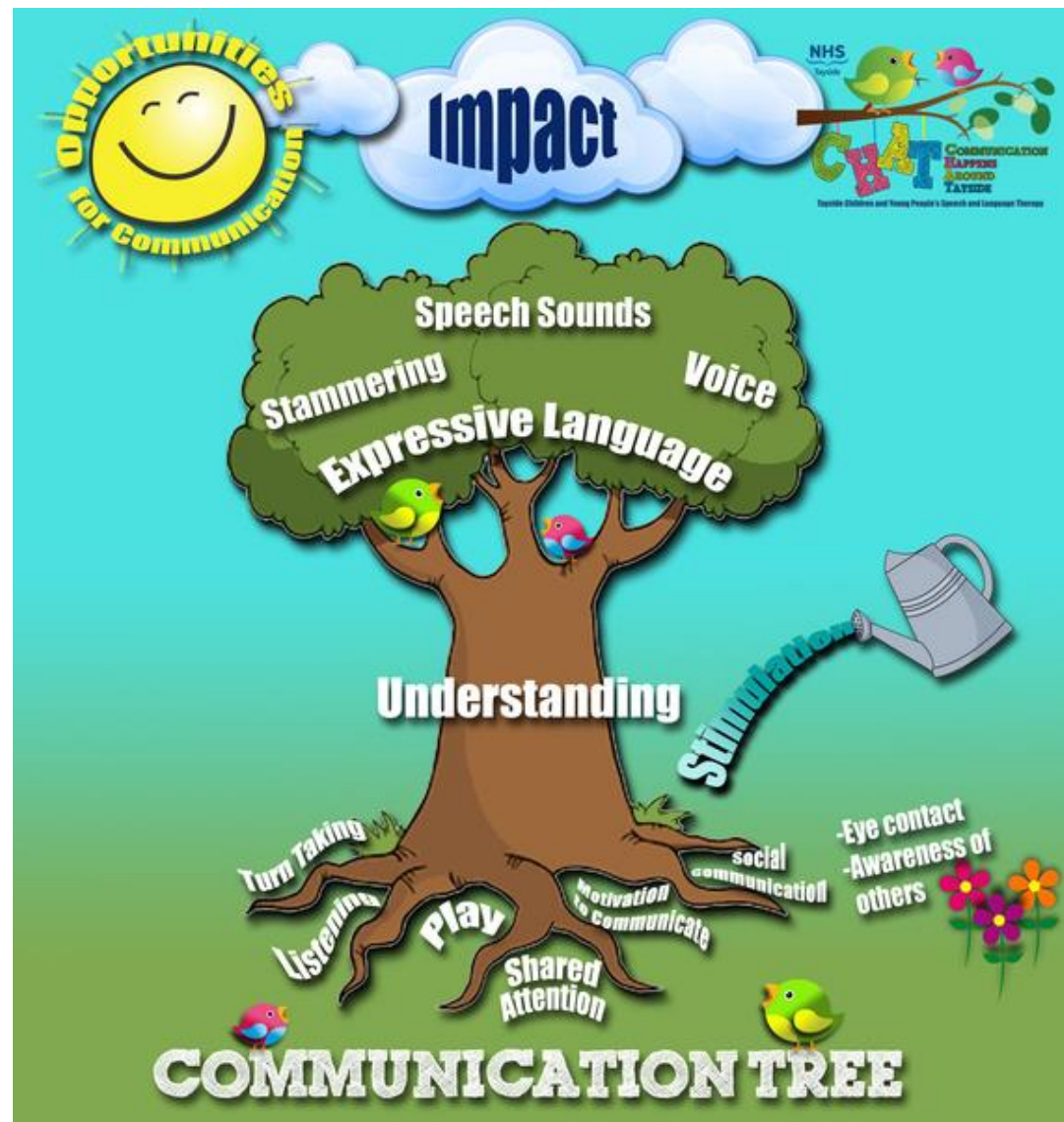


- 80年代英國南部赫特福郡 Harperbury Hospital School.
- 嚴重智障及多重學習障礙學生
- Dave Hewett Ph.D, Melanie Nind Ph.D and Geraint Ephraim Ph.D .



溝通基礎

- 身體語言 (55%)
- 聲調 (38%)
- 內容 (7%)

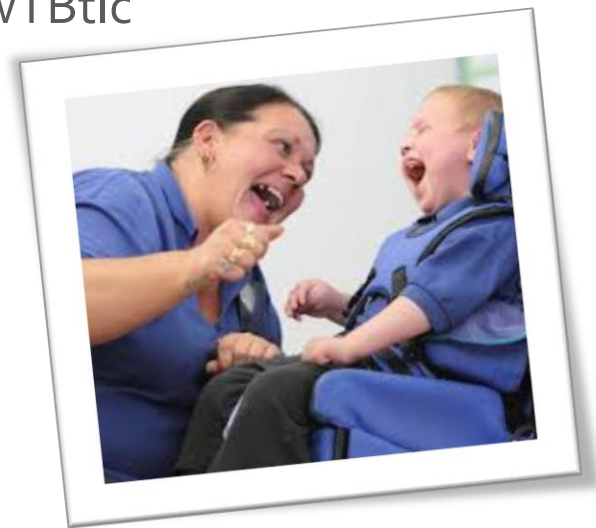


<https://www.youtube.com/watch?v=rEMge2FeREw>

與嬰孩互動模式



- 與嬰孩互動模式
- <https://www.youtube.com/watch?v=7k-1FwTBtlc>

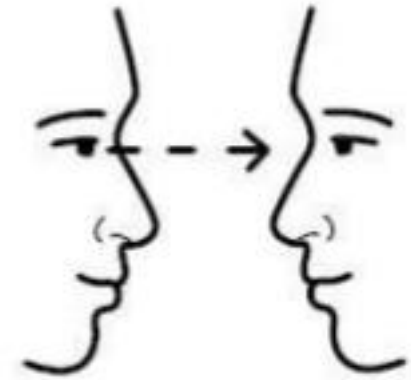


溝通基礎



The Fundamentals of Communication

- Giving Attention
- Sharing Attention
- Extending Attention
- Developing shared attention into activities
- Turn Taking
- Eye contact
- Facial Expressions
- Non-verbal communication (gesture and body language)
- Physical Contacts
- Vocalisations



密集互動訓練 模式

- 以人為本溝通模式
- 具回應的互動
- 平等享受的關係



Intensive Interaction



密集互動介入 模式原則

- Quality one-to-one time
- Tune-in
- Tempo/speed
- Responsiveness
- Imitation/copying/joining-in
- Use simple behavior
- Pauses
- Mutual enjoyment



密集互動介入 模式工具



- Face, Voice, body language ,
- personality, sense of presence



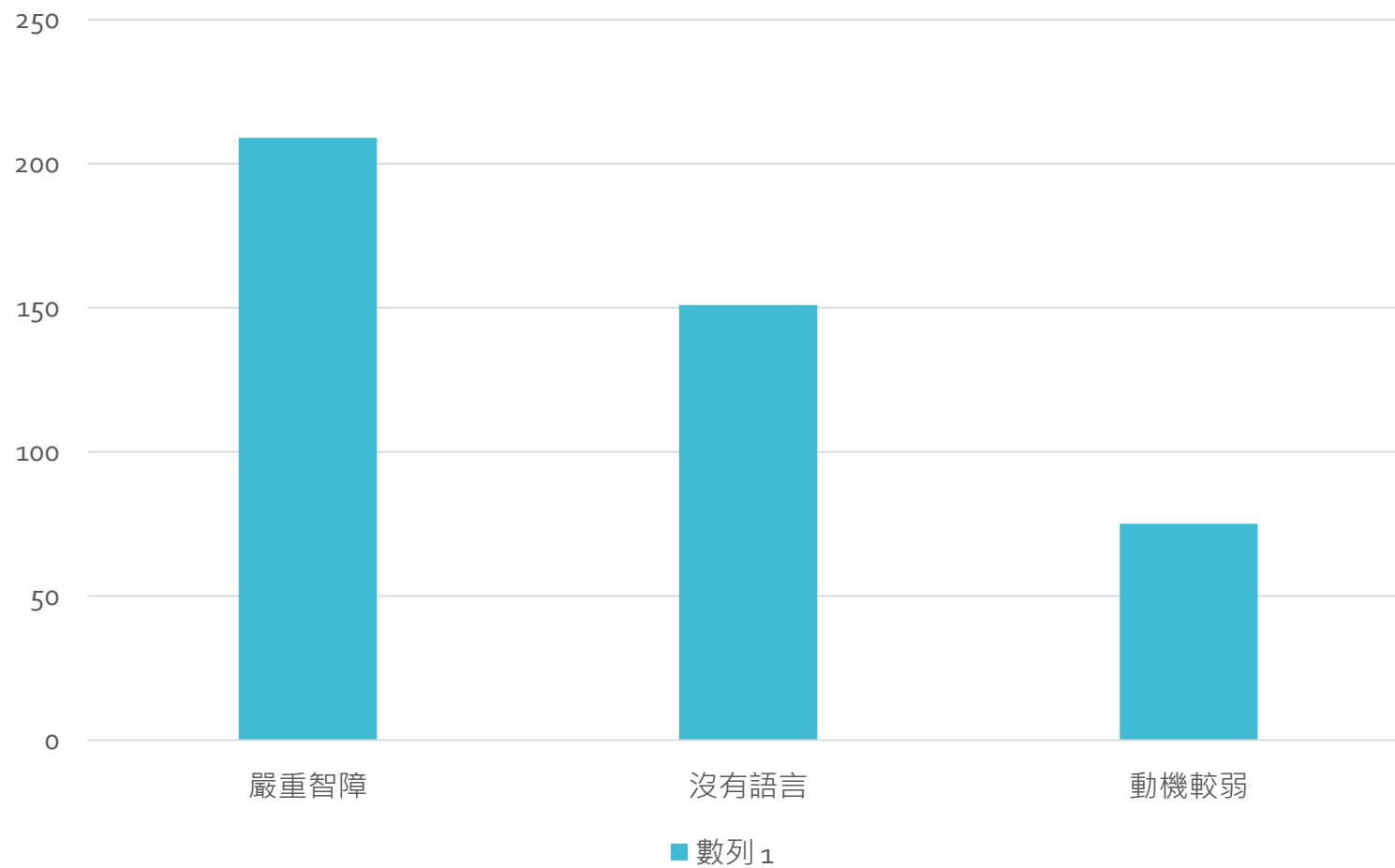
Useful Resources

- Light up objects – balls, flashing animals
- Squeaky / stretchy objects
- Balls
- Spinners
- Tactile objects
- Feely boxes with pasta – be aware if the client has any eating and drinking needs
- Painting, drawing materials
- Musical instruments – rain makers, chime bars, triangles, drums
- Sponges / loofers / brushes / mini massagers
- Mirrored paper / CDs / sequins / light reflecting materials
- Soft materials – cotton wool, fabric, leathers, pipe cleaners



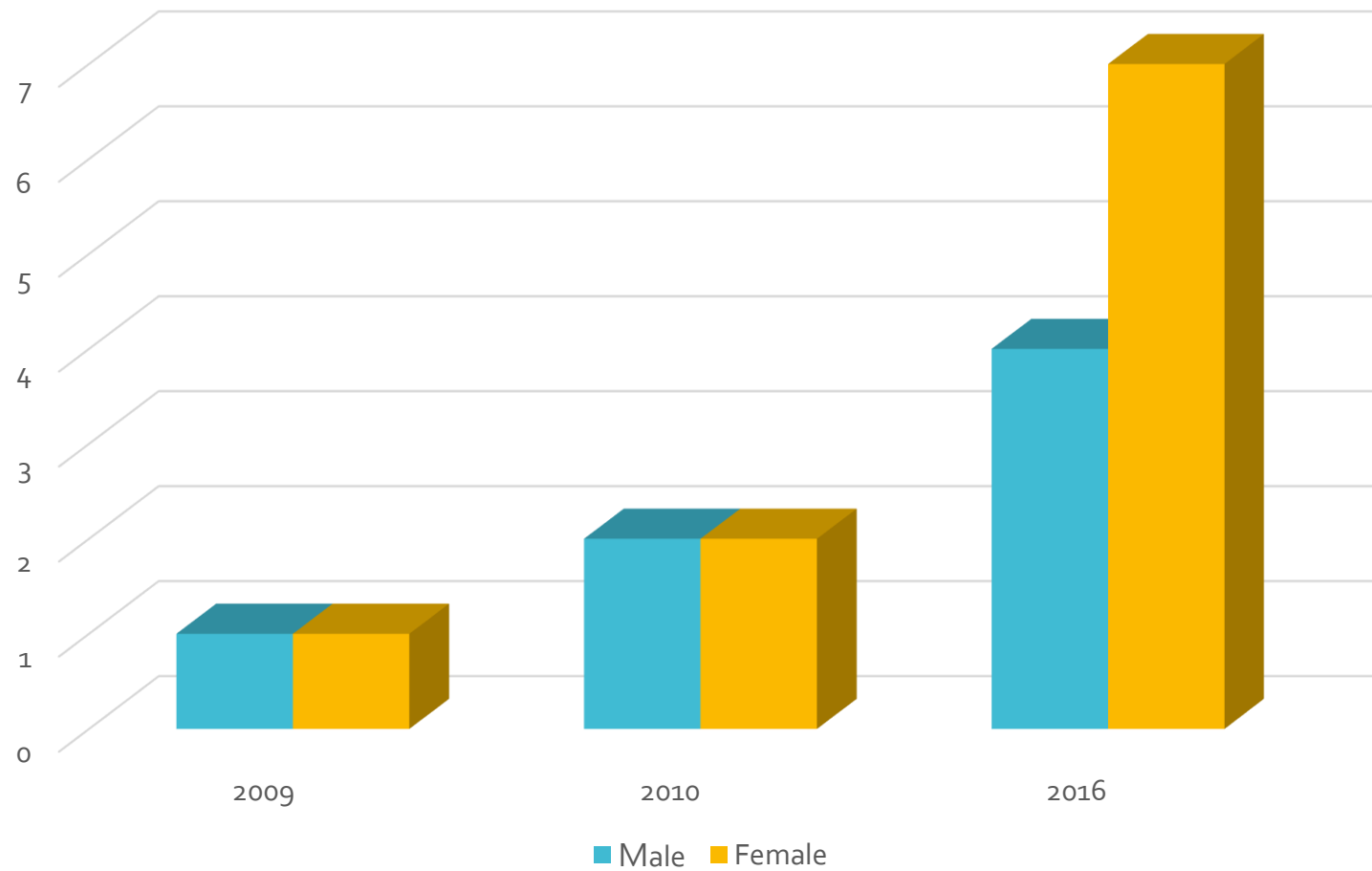
我們的服務使用者

服務使用者溝通能力



我們的開始

參與服務使用者



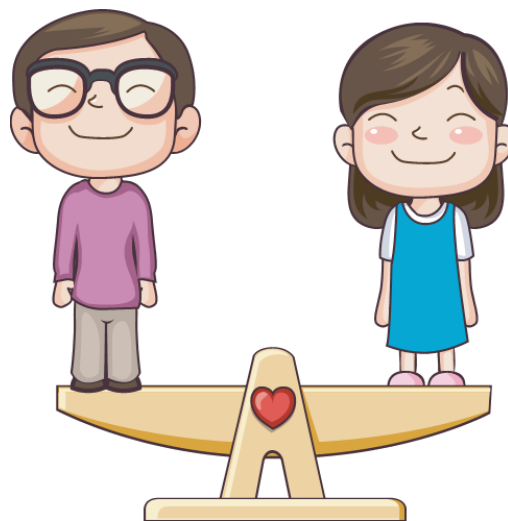
我們的經驗

2009 及2010

- 每週3~5節，每節45-60分鐘
- 全期59~96節
- 全期13~24週

2016

- 每週2~3節，每節30-45分鐘
- 全期13~35節
- 全期28~32週



我們的成果

- 提升學員的溝通能力
- 降低重複自我刺激行為
- 增加表達自己需要
- 增加對人專注
- 表現快樂



雙向成長

導師



參與服務使用者

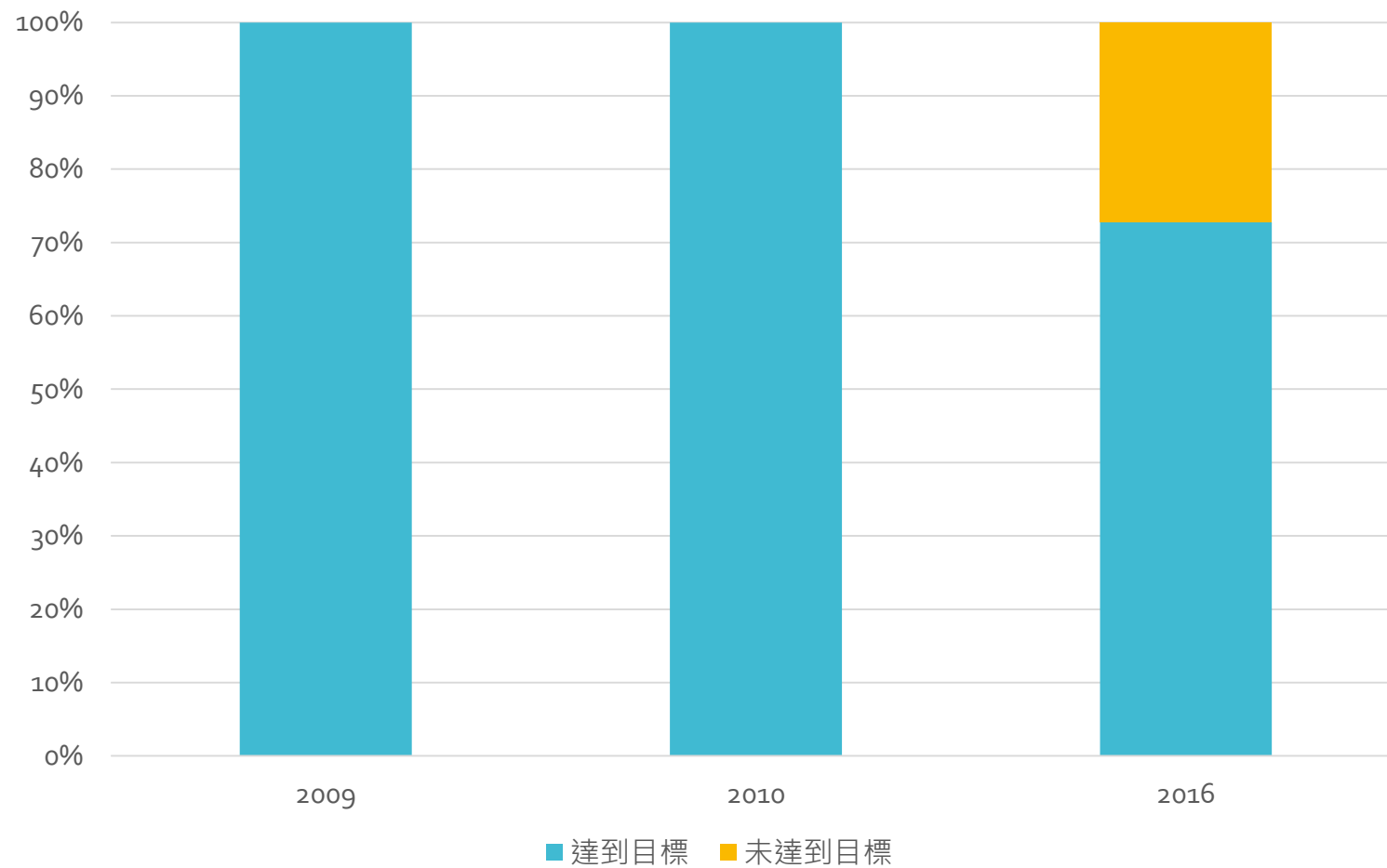
- 促進彼此溝通和接觸
- 建立正面互動關係
- 讓學員主導
- 加強對學員觀察和耐性

- 增加目光接觸
- 與人進行合作性活動
- 表現開心、笑容增加
- 主動示意和提出要求
- 減少重複性自我刺激行為



成效

提升溝通能力的成效



經驗總結

達到目標的因素

- 同事的支持及資料提供
- 工作員能掌握技巧針對所定的目標而重點使用
- 工作員能準確地將觀察到學員的行為及微小反應
- 目標訂立適切配合學員需要

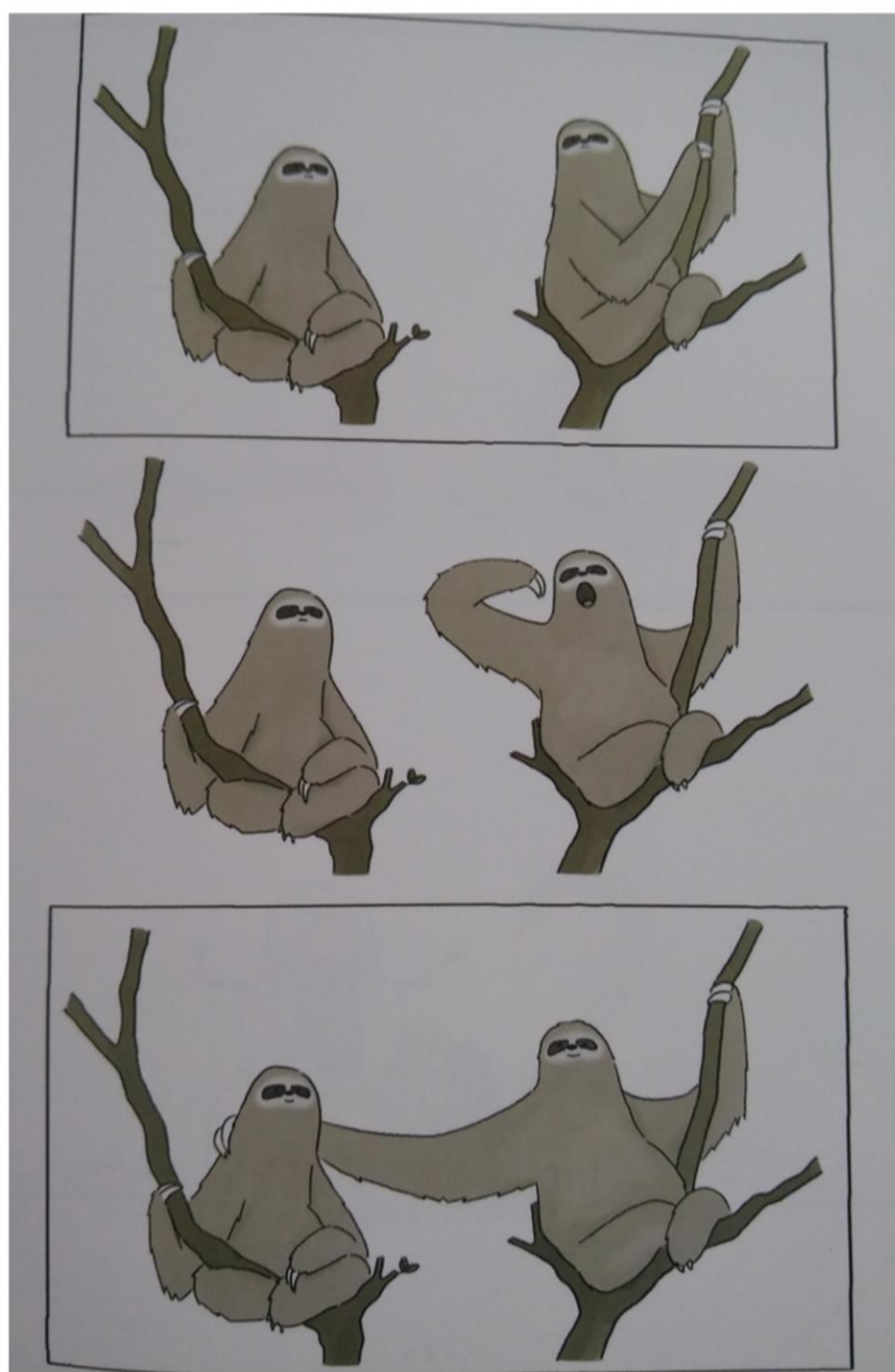


建議

- 評估及選擇合適學員參與
- 透過溝通評估，訂立清晰可達到的目標
- 定時檢討
- 增強I.I.理論及技巧運用
- 建立鼓勵和支持的團隊
- 生活環境形成一個互動的氛圍



總結





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Reference

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